



Thank you for making an appointment with our office. You should plan to spend approximately one or two hours at our office for your evaluation. **Please arrive 15 minutes prior to your appointment for check-in.** Your appointment is very important to us and we have set aside an extended period of time for your evaluation. Please contact us during our regular office hours at **402-464-5969** at least **24 hours** in advance if you are unable to keep your appointment so that we may offer your time slot to another patient. We appreciate your cooperation.

HAS AN APPOINTMENT ON:

_____ Day _____
_____ Month _____ Date _____
_____ A.M. _____ P.M.

Michael J. Sullivan, III, M.D.
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Lincoln – Main Office
Gateway Professional Building
600 N. Cotner Blvd., Suite 208
Phone: 402-464-5969 Fax: 402-464-3657

Lincoln – South Office
Pine Lake Medical Plaza
3901 Pine Lake Road, Suite 405

Albion
Boone County Health Center
723 W. Fairview

Falls City
Community Medical Center
3307 Bill Schock Blvd.

Grand Island
Island View Professional Building
638 N Webb Rd.

Kearney
315 W 11th St.

North Platte
Great Plains Health Ear Nose & Throat
801 William Ave.

- 1) **BRING YOUR CURRENT INSURANCE CARD(S), PRESCRIPTION BENEFIT CARD, AND YOUR CO-PAYMENT.**
- 2) **PLEASE COMPLETE ALL OF THE ENCLOSED FORMS AND BRING THEM WITH YOU TO THE APPOINTMENT.**
- 3) **BRING ALL CURRENT MEDICATIONS (OR A LIST WITH STRENGTH AND DOSAGE) WITH YOU TO THE OFFICE.**
- 4) **MEDICAL RECORDS PERTAINING TO THE SYMPTOMS FOR WHICH THIS APPOINTMENT WAS MADE ARE HELPFUL. YOU MAY HAVE THEM FAXED TO 402-464-3657.**

Our office visit fee is **\$400.00 (code 99204)**. This fee could be slightly higher with complex asthma and/or allergy problems. This fee does not include allergy skin testing, lung function tests or other laboratory tests. Skin tests cost **\$15.00** per scratch test (**code 95004**), and **\$20.00** per intradermal test (**code 95024**). A standard adult panel consists of 56 tests and a children's panel consists of 40 tests. Charges are subject to change. As a courtesy we will file these charges to your insurance company. Please contact your insurance company if you have any questions regarding your insurance coverage.

PLEASE READ THE BACK OF THIS SHEET FOR IMPORTANT INFORMATION REGARDING MEDICATION USAGE PRIOR TO YOUR APPOINTMENT.

(OVER)

Allergy, Asthma & Immunology Associates, P.C.
www.AllergyNebraska.com

Prior to skin testing, it is necessary that certain medications be temporarily held.

Please read the lists below.

Stay on all asthma/COPD medications and medications taken for other illnesses.

Stay on Singulair (montelukast) as directed.

ANTI-HISTAMINES (Prescription and over-the-counter cold medications, cough syrups, allergy and sinus medications) - These medications need to be stopped **72 hours** prior to the appointment. Some examples are, but not limited to:

Atarax (hydroxyzine)
Benadryl (diphenhydramine)
Cyproheptadine (peractin)
DayQuil and NyQuil

Bromfed (brompheniramine)
Chlor-Trimeton (chlorpheniramine)
D'Allergy (chlorcyclizine)

There are a few antihistamine medications that need to be stopped **5 days** before the appointment:

Allegra/Allegra D (fexofenadine)
Alavert or Claritin/Claritin D (loratadine)
Clarinex/Clarinex D (desloratadine)

Zyrtec/Zyrtec D (cetirizine)
Xyzal (levocetirizine)

NASAL SPRAYS - Most nasal sprays may be continued with the exception of the following. These need to be stopped **48 hours** before the appointment.

Astelín (Azelastine) Astepro
Dymista Patanase

GASTROINTESTINAL MEDICATIONS FOR GERD (ACID REFLUX) - Most may be continued with the exception of the following. They need to be discontinued **24 hours** before the appointment.

Tagamet (cimetidine)
Pepcid (famotidine)
Zantac (ranitidine)

TRICYCLIC ANTIDEPRESSANTS/SLEEP AIDS - **Check with your doctor BEFORE discontinuing the medications listed below!** If you are able to stop them safely 5 days before the appointment, we would be able to do the testing. (If your medication is not on this list, continue it as directed).

Elavil (amitriptyline)
Anafranil (clomipramine)
Norpramin (desipramine)
Vivactil (protriptyline)

Sinequan (doxepin)
Tofranil (imipramine)
Pamelor/Aventyl (nortriptyline)

BENZODIAZEPINES/ANXIETY AIDS- **Check with your doctor BEFORE discontinuing the medications listed below!** If you are able to stop them safely 5 days before the appointment, we would be able to do the testing. (If your medication is not on this list, continue it as directed).

Klonopin (clonazepam)
Valium (diazepam)

Ativan (lorazepam)
Versed (midazolam)